



The Level Up is Real

By Sister Tiffany Tennessee

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Scripture for Mediation

1 Thessalonians 5:16-18

“Rejoice always. Pray without ceasing. Give thanks in all circumstances; for this is God's will for you in Christ Jesus.”

30 Day Gratitude Journal:

Write about how you have grown in faith and are able to trust God in the most difficult circumstances.

30 Day Gratitude Challenge:

Text someone and share with them how proud you are of them.

Prayer Concentration:

Pray a prayer of gratitude for the adoptive parents that you know.

Today's Prayer Concerns:

God, sometimes it's hard, but we thank You for each and every circumstance that You send our way. We rejoice now in our present circumstance. We pray for Your guidance, protection, liberation and exaltation for this present moment. Help us to know that this is Your will for us. Help us to accept Your will also. In Jesus name we pray, Amen.

Observation

To level up means to improve, to progress, to increase - all things that God is making true in the current stage of my journey.

For one year, I worked at a job that broke me down in a way I had never before experienced. I was overworked, underpaid, manipulated, taken for granted - all by someone I considered a friend. On one of my daily walks, I simply asked God “What else can I do?” because I truly believed this is not what He had for me. Certainly, there was a lesson to be learned, but this was only a steppingstone to something better.

The answer to my question wasn't clear on that day, but what I did know, without a doubt, is that faith and trust would lead me to truth. And it did! I took a huge leap of faith to leave that job, not knowing where my next paycheck would come from but making myself available for whatever God had next. I trusted that He would provide as long as I added work to that faith. And He did! Today, I am working at a job that I enjoy, where I am appreciated, where I am respected.

My trust and faith in God improved my situation. The mental and emotional freedom that I gained is progressing me on a path that I believe God paved for me. That job may have broken me down but it was no match for the way God was able to increase my life and build me back up. The level up is real!

Questions to Ponder

- I. How have you grown since you have become a Christian? What is the evidence of your growth?
